#### COMPETITION



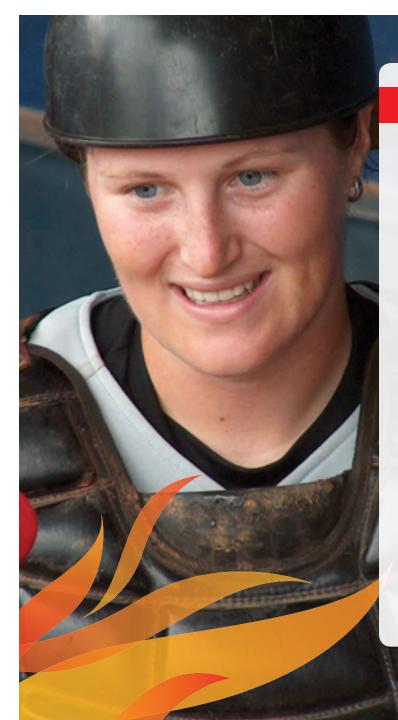
National Coaching Certification Program

# BASEBALL

## PITCHING & CATCHING







### **PITCHING & CATCHING**

Most players first learned how to catch in the backyard with a parent, but even they'd agree there's always room for improvement. Brush up on basic pitching mechanics and the fundamentals of catching in this workshop designed to help coaches make proper adjustments to player performance during practices and games.

#### LEARNING OUTCOMES

Upon completing this clinic you will get credit for being able to:

- Detect and correct fundamental pitching performance;
- Detect and correct fundamental catching performance.

#### **CLINIC STRUCTURE**

The Pitching & Catching clinic is a four-hour, in-class or gym/field course offered at various locations across Canada.

#### PREREQUISITES

Before attending the Pitching & Catching clinic, coaches must first successfully complete Baseball Canada's Online Initiation module.

#### **EVALUATION AND CERTIFICATION**

As it is part of the Baseball Canada Regional/Provincial Coach program, completing the Pitching & Catching clinic will give you an *In Training* status. In order to receive *Provincial Coach – Trained* status you must then complete the **Initiation Coach** clinic, **Skills Analysis** clinic, **Teaching & Learning** clinic, **Planning** clinic and **Strategies** clinic.

# FEES AS \$30\*

## nccp.baseball.ca

Click "Course Listing" to find a location in your province.

## **SIGN UP TODAY!**

\*Fees are in accordance with provincial baseball association policies.

# Why NCCP?

#### IT BEGINS HERE.

Coaches are mentors, motivators and leaders. Along with parents and teachers, coaches have a profound impact on the future of our children. It's a great responsibility, and Canada's two million coaches embrace it with passion and dedication.

The National Coaching Certification Program (NCCP) gives coaches the confidence to succeed. When you take an NCCP workshop, you'll not only gain sport-specific technical abilities, but also leadership and decision-making skills.

NCCP training will open doors to new opportunities in coaching and in life.

## Contact us today!

To start on your pathway to certification visit us online at **baseball.ca** 

Additional workshop information as well as sport nutrition tips, coaching resources and more are available on COACH.ca





NOTE: All information contained within this PDF is current as of MARCH 2011.