

A Scoping Review: Examining the Research on Blended Learning and Online Delivery for Effective National Coaching Certification Program (NCCP) Delivery

Benefits and Drawbacks - Summary

When considering including online delivery to a Face to Face program, creating a Blended Learning situation, there are many aspects to consider. Benefits to this format include a program that is more accessible to participants, since fewer hours in the classroom can meet the needs of participants with family or work obligations, or those who are challenged to participate due to geography. Typically, Blended Learning programs are more cost effective, making them more accessible to those with financial constraints. Blended Learning is also more appealing to students with disabilities or academic limitations.

Drawbacks of Blended Learning include the standard challenges around Face to Face delivery, in terms of accessibility and cost. The online component is challenged by both instructors and participants who are not comfortable with the online environment, either due to perceived communication limitations or technology challenges, including access to technology or comfort in using devices or programs. The additional preparation required for online classes, as well as the self-regulation required for successful participation by both participants and instructors is an additional challenge to be addressed when considering a Blended Learning model.

Original report written by: Edwards, J., Kloos, K. & Konoval, T. (2020).
