

## A Scoping Review: Examining the Research on Blended Learning and Online Delivery for Effective National Coaching Certification Program (NCCP) Delivery

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### Participant Impacts - Summary

The impact to the participant is crucial to understand when designing a Blended Learning program. As adult learners, the **Participant Attributes** will affect the way the participant learns. Andragogical principles and literature must be considered, for example, the expectation of personalized feedback. Participants who are stronger academically and have higher self-efficacy will be more successful with online learning.

In terms of **Achievements in Learning**, participants will have stronger results when the program is conducive to their learning style, and when they are placed at the center of the learning process through interaction and reflection. The **Social** aspect of online learning has been found to be essential in creating a quality learning experience. Participants also learn significantly more through these interactions, and are even more likely to engage in a program when there is a connection to a social community.

Team-Based Learning was found to overwhelmingly be preferred by participants, and is considered to be most effective in knowledge transmission. Finally, participant **Participation** is significantly impacted by the participant's view of the activity; if the participant views it positively, they are more likely to engage, and engage repeatedly in similar type of activities, when given the choice.

