

A Scoping Review: Examining the Research on Blended Learning and Online Delivery for Effective National Coaching Certification Program (NCCP) Delivery

Program Design Best Practices - Summary

Blended learning is generally well received by participants, with participants strongly preferring a program structure which is well organized and asynchronous by design. Participants are more successful when they are able to learn at their own pace. Technology consideration must include accessibility from a variety of devices, with a focus on a platform which encourages interactivity between participants and instructors.

A variety of learning tools and supports should be included, however, short videos, followed by an activity to reinforce learning (e.g. quiz, matching game), have been found to be most effective. Different activities are necessary to address student learning styles, however interactive, small group activities, specifically problem-based, have been found to be most effective. Course materials should be accessed by participants in advance of courses, and remain accessible afterwards.

While individual studies vary, there was no significant difference in performance between participants learning online compared to Face to Face. Online programs are generally preferred when they are well organized and presented.

Original report written by: Edwards, J., Kloos, K. & Konoval, T. (2020).
