

## A Scoping Review of Literature on Sport Coach Education Programs: An International Perspective

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### Botswana

#### **Coach development system**

There are no national CEPs or accreditation programs in Botswana; the country relies on CEPs offered by international organizations. However, the Botswana National Olympic Committee developed a basic training program for coaches, known as the Botswana Long-Term Coach Development Framework. Coaches can focus on any of these three contexts:

- A. Grassroots and primary school: Develop FUNdamental movement and sport skills through fun, simple activities.
- B. Youth/secondary school: Consolidate skills leading to the competitive experience and identify potential talent.
- C. Senior/post-secondary school: Fine tune skills and aim for excellence through periodized elite training.

Within each of these contexts, the program involves:

- Level 1: Two-week Course 1 + exam.
- Level 2: Mentorship + portfolio (training plans, schedules, performance, number of athletes, and any crucial information that enhances coaching knowledge).
- Level 3: Course 2 + exam.
- Level 4: Practical + portfolio.

**Requirements to coach:** No academic requirements for any of the coaching specialties.

**Existing professional status:** Only the Botswana Football Association and Botswana Athletics Association employ professional or paid coaches, while other sports are primarily volunteer-based.

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