

A Scoping Review of Literature on Sport Coach Education Programs: An International Perspective

Netherlands

Coach development system

Coach programs are offered by educational institutes and federations.

- Secondary education: Level 1. Sport sector: federations.
- Vocational education: Levels 2, 3 and 4. Sport sector: federations.
- Higher education: Level 5. Sport sector: top coach.

The TopCoach5 program is the highest coach program in the Netherlands and it is a unique partnership between two universities of applied sciences and Netherlands Olympic Committee and National Sports Federations. It is a competency-based program (sets of knowledge, skills, attitudes, and personal characteristics) across multiple sports. The program consists of 2100 hours.

- Knowledge: to develop the concepts, the vision and the approach of the trainee coaches. Two-day meetings.
- Skills: The student works in practice; supervision by one or more experienced coaches.
- Attitudes: The skills that the trainees work on range from “learning to hold interviews” and “using the video analysis program” to “carrying out the Snatch as a form of strength exercise”.
- Personal Characteristics: The student chooses his or her own learning coach, a person with sport background who does not have a connection to the student’s specific sport. The learning coach is the only expert to remain linked to the student throughout the entire 8 to 24-month process.
- Assessment: A competence-test. Each student indicates the point at which he or she wants to be assessed.

Original report written by: Shaikh, M., dos Santos, Y.Y.S., Rodrigue, F., Ciampolini, V., Culver, D.M, Larissa, R., Galatti, L.R., Seguin, C., Brasil, V.Z., Nash, C., Milistetd, M., He, C. & Fournier, K. (2020).

Summary written by: Shaikh, M. & Culver. D.M. (2020). School of Human Kinetics, University of Ottawa.
