

A Scoping Review of Literature on Sport Coach Education Programs: An International Perspective

Spain

Coach development system

Coach training courses, which are governed by current laws, are organized in three separate levels. The training structure in each level is divided into two stages, initially intended to acquire knowledge and skills common to all sports and, later, the specific knowledge of each sport.

- Level 1: Sports coach. Includes developing skills to work with grassroots sports programs. 250 hours.
- Level 2: Senior Coach. Involves developing competencies for structured training for youth and adults. 465 hours.
- Level 3: Senior Coach. Involves developing competencies for high-performance training for youth and adults. 210 hours.

Sport federation courses

Sports federations are responsible for offering their own courses for sport-specific training. These courses are offered periodically and are divided into theoretical and practical modules, having a minimum common load for each of them. The body of common knowledge, which precedes entrance into the federation courses, is offered by national vocational training centres and comprises a set of technical and scientific knowledge that serves as a basis for furthering in sports specialties. Physical Education professionals can request the use of their subjects studied in their initial formation, beyond the common block of knowledge. High-performance athletes may meet certain requirements and specific knowledge throughout their training.

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