

Maintenance of Certification Requirements
Updated February 2021



LEGEND
C = Certified
T = Trained
T & C = Applies to both trained & certified coaches
BLANK = No PD requirement

Sport	Community Sport-Initiation (CSP-INIT)	Community Sport-Ongoing Participation (CSP-ONG)	Competition-Introduction (COMP-INT)	Competition-Development (COMP-DEV)	Competition-High Performance (COMP-HP)	Instruction-Beginners (INST-BEG)	Instruction-Intermediate Performers (INST-IMD)	Instruction-Advanced Performers (INST-ADV)	Required Modules
5 Pin Bowling			5 YRS 20 PTS (C)						
10 Pin Bowling			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Alpine Skiing			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Archery			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)		
Athletics			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Badminton			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Baseball			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Basketball			4 YRS 16 PTS (C)	4 YRS 24 PTS (C)					
Biathlon	5 YRS 10 PTS (C)		5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Blind Sports – Goal Ball				5 YRS 30 PTS (C)					
Bobsleigh and Skeleton				5 YRS 30 PTS (C)					
Boxing	5 YRS 10 PTS (C)		5 YRS 20 PTS (C)						
Broomball			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Canoe Kayak Whitewater	3 YRS 6 PTS (C)		5 YRS 20 PTS (C)	5 YRS 30 PTS (T & C)		3 YRS 6 PTS (T & C)	3 YRS 12 PTS (C)	3 YRS 12 PTS (T & C)	INST-BEG: Lake Kayak Instructor Re-certification INST-IMD: River Instructor 2 Refresher
Canoe Kayak Sprint			5 YRS 20 PTS (C)	5 YRS 30 PTS (T & C)					
Boccia			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Cricket									
Cross Country Skiing		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Curling			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Cycling			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					COMP-INT: Prevention & Recovery
Diving			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)		
Equestrian			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			First Aid, CPR and Criminal Records Check
Fencing			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Field Hockey			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Figure Skating			3 YRS 12 PTS (C)	3 YRS 18 PTS (C)		3 YRS 6 PTS (C)	3 YRS 12 PTS (C)		
Football	5 YRS 10 PTS (T)		5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					ALL: Making Headway in Sport and Safe Contact Module
Freestyle Skiing			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			Making Head Way in Freestyle Skiing
Golf			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)		
Gymnastics	5 YRS 10 PTS (C)		5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Hockey	5 YRS 10 PTS (C)		5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)	5 YRS 20 PTS (C)	COMP-INT & COMP-DEV: Respect in Sport and Checking Skills
Judo			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)	5 YRS 30 PTS (C)	5 YRS 10 PTS (C)	5 YRS 20 PTS (C)	5 YRS 20 PTS (C)	ALL: Make Ethical Decisions COMP-INT, INST-BEG and INST-INT: Judo Module 1 and 2 COMP-DEV: Judo Module 6 and 7
Karate			5 YRS 20 PTS (C)	5 YRS 30 PTS(C)		5 YRS 10 PTS(C)			
Lacrosse			5 YRS 20 PTS (C)	5 YRS 30 PTS (T & C)					
Lawn Bowls			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Luge				5 YRS 30 PTS (C)					
Nordic Combined				5 YRS 30 PTS (C)					
Orienteering			5 YRS 20 PTS (C)						
Parachuting				5 YRS 30 PTS (C)		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)		
Racquetball	5 YRS 10 PTS (T)		5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Ringette	5 YRS 10 PTS (T)		5 YRS 20 PTS (T & C)	5 YRS 30 PTS (T & C)					Making Headway in Sport
Rowing			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Rugby	5 YRS 10 PTS (T)		5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					ALL: IRB Rugby Ready - Online Module COMP-INT and COMP-DEV: IRB Laws - Online Module
Sailing			4 YRS 16 PTS (C)	4 YRS 24 PTS (C)		4 YRS 8 PTS (C)	4 YRS 16 PTS (C)		
Shooting			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			
Ski Jumping				5 YRS 30 PTS (C)					
Snowboard			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Soccer			5 YRS 20 PTS (C)						TBD as CSA NCCP programs become approved. No requirement at this time.

Sofball			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Special Olympics									<i>Refer to Sport Specific Requirements for your Sport.</i>
Speed Skating			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)			<i>ALL: Making Head Way in Speed Skating</i>
Squash			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)		5 YRS 10 PTS (C)	5 YRS 20 PTS (C)		
Swimming	5 YRS 10 PTS (T & C)		5 YRS 20 PTS (T & C)	5 YRS 30 PTS (T & C)		5 YRS 10 PTS (T & C)			
Synchronized Swimming			5 YRS 20 PTS (C)	5 YRS 30 PTS		5 YRS 10 PTS (C)			
Table Tennis			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Taekwondo			5 YRS 20 PTS (C)			5 YRS 10 PTS (C)			
Team Handball			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Tennis			3 YRS 24 PTS (C)	2 YRS 12 PTS (C)		4 YRS 23 PTS (C)			
Triathlon			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Ultimate			5 YRS 20 PTS (C)						
Volleyball			5 YRS 20 PTS (T & C)	5 YRS 30 PTS (T & C)					<i>Making Head Way in Sport</i>
Water Polo			4 YRS 16 PTS (C)						
Water Ski & Wakeboard	5 YRS 10 PTS (T)		5 YRS 20 PTS (C)				5 YRS 20 PTS (C)		<i>ALL: First Aid and Pleasure Craft Operator</i>
Weightlifting			5 YRS 20 PTS (C)			5 YRS 10 PTS (C)			
Wheelchair Basketball			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Wheelchair Rugby			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					
Wrestling			5 YRS 20 PTS (C)	5 YRS 30 PTS (C)					