



## Checklist to support Para sport coaches' development pathway

For the purpose of this checklist: "Para sport" reference any and all sports that are practiced by athletes with a disability, both on the Paralympic program and otherwise.

### Attract

- ✓ NCCP coach pathway for Para sport is visible and barrier-free
- ✓ Para athletes are intentionally exposed to coach education resources
- ✓ Para content is intentionally infused at all coach development touchpoints
- ✓ There is visible representation of all disability groups who participate in the sport within each publication
- ✓ There are opportunities for non-Para coaches to be exposed to Para sport, Para athletes, and coaches in this context
- ✓ Recruit new coaches in environments where people have the opportunity to work with people with disabilities

### Support

- ✓ Coach education resources for Para sport are available
- ✓ Mentorships and sport-specific communities of practice are available
- ✓ Coach education materials and training environments are set-up to be accessible for coaches who may have a variety of different disabilities
- ✓ Coach education, resources, and support are equitably distributed to respect the capacity and support development and performance of all coaches from all sports
- ✓ Classification information is easily available so coaches and athletes can understand how and when Classification may fit into a developmentally appropriate Para athlete pathway

### Lead

- ✓ Identify, train, and support coach developers with disabilities to support people with lived experiences in leadership roles
- ✓ Train coach developers to deliver disability-inclusive coach education
- ✓ Invest resources to enhance organizational readiness to support coaching in Para sport
- ✓ Advocate for Para sport coaching
- ✓ Competition and/or development category and coach education resources titles are inclusive and welcoming to all
- ✓ Lead by example, in prioritizing the safety, participation, and development of Para sport through inquiry, research, and participation
- ✓ Involve multidisciplinary teams in the planning and facilitation of effective coach development opportunities. This can include collaborating with people with disabilities, skill acquisition specialists, experts with knowledge of different impairment types and technologies, and practitioners with local knowledge of athletes' unique situations and contexts

#### References:

- Culver, D.M., Konoval, T., & Hassan, I. (2022). *Re-examining Coach Education for Para Sport in Canada*. Report submitted Canadian Olympic Committee and the Coaching Association of Canada.
- Culver, D. Shaikh, M., Duarte, T. & Konoval, T. (2021). *Understanding developmental pathways for coaches in disability sport*. Report submitted to the Canadian Olympic Committee and the Coaching Association of Canada.
- Konoval, T., Charest, M. P., Allan, V., & Davey, J. *An Examination of Disability-Inclusion in Canada's Coach Education System*. Report submitted to the Canadian Olympic Committee and the Coaching Association of Canada.