

Helping with the Acculturation of Immigrant Elite Coaches in Canadian Sport Contexts

With the globalization of sport, sport psychology consultants may work with coaches who have relocated from their home countries to an unfamiliar host country. Limited awareness of challenges faced by immigrant coaches may impede effective collaborations among immigrant coaches, peer coaches, and athletes, and create team conflict and performance issues for coaches and athletes.

Within the current article, the acculturation processes of immigrant coaches are highlighted through four examples of how immigrant coaches have navigated these experiences in sport contexts. Strategies are proposed for sport psychology consultants to support immigrant coaches and those with whom they work to enhance communication and peak performance.

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