

Literature review: Situation surrounding athletes' use of methods and substances to enhance sports performance and its prevention by coaches

The purpose of this literature review was to inform NCCP Leading Drug-Free Sport revision (2021). It provides a picture of prevention and intervention options at coaches' disposal to prevent or deter their athletes from using substances and methods to enhance sports performance. More specifically, the report includes the most recent information related to the use of substances to enhance sports performance (Prevalence and psychosocial determinants, coaches' attitude, knowledge and beliefs as well as prevention and intervention strategies).

Original report written by: Dionne, S. (2020).
