



Defining Teen Dating Violence

Teen dating violence refers to mistreatment that occurs between dating partners or those in the process of developing an intimate relationship.

80%
of teenagers have experienced some sort of violence from a dating partner.

Teen Dating Violence can occur in four forms:

1

Emotional or Psychological Violence

Using words or actions to control, frighten, isolate or take away another person's self-respect.

2

Physical Violence

Using intentional force against a person that results in injury or physical pain. **Physical violence is a criminal offence of assault.**

3

Sexual Violence

Forcing or attempting to force a partner to take part in a sex act, sexual touching, or a non-physical sexual event (like sexting) when the partner does not want to or cannot consent. **Sexual violence is a criminal offence of sexual assault.**

4

Neglect

Not providing someone with the basic needs for their safety and emotional well-being. This includes lack of acknowledgement, love and respect, not protecting someone from physical harm or purposeful ignoring with the intent to harm.

Recognizing the signs that a participant may be experiencing violence, understanding your responsibilities and taking the appropriate action to support them are critical skills for coaches to help participants in unhealthy situations.

For training and resources on how to prevent and address gender-based and teen dating violence, go to coach.ca/SupportThroughSport.

Financial contribution from



Public Health
Agency of Canada

Agence de la santé
publique du Canada