

Co-delivery Feedback Form

Instructions: Thank you for deciding to co-deliver with a more experienced Coach Developer (CD). Such co-delivery is important to the ongoing growth of our coaches and programs. We want to continually improve our processes. Please take a few minutes to provide feedback to the MCD on your co-delivery experience. If you filled in the electronic version of the form, save the file as Co-delivery Feedback Form (your name here).pdf.

MCD Candidate's Name: Co-delivering CD:

Sport: _____ Date: _____

| Outcome: Supports Participants during Co-delivery | | |
|---------------------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Criteria | Check One | Evidence |
| Prebrief Meeting | | The MCD prebriefed me before we co-delivered and let me express my feelings/concerns about my goals and my plan |
| | | The MCD prebriefed me before we co-delivered to define roles and tasks during the co-delivery and let me choose the pieces I was most comfortable with |
| | | The MCD did not meet with me before co-delivering with me |
| Intervention during Co- delivery | | The MCD provided opportunities for guided discovery, allowing me to learn through experience and from feedback, gave me feedback at appropriate times during co-delivery, and encouraged me to ask questions at appropriate times during co-delivery |
| | | The MCD respected the roles and responsibilities established in the prebrief and gave me feedback at appropriate times during co- delivery |
| | | The MCD intervened often or at inappropriate times during co- delivery or failed to intervene when it was required |
| Reflective Conversation | | The MCD asked leading questions to get me to reflect on my performance and identify areas that needed improvement, gave me feedback, and encouraged me to ask questions during co-delivery |
| | | The MCD asked leading questions to get me to identify areas that needed improvement and worked with me to develop an Action Plan to enhance my skills |
| | | The MCD told me what I needed to do to improve and gave me an Action Plan to follow |

Comments: