

Support Services

Here are the support services available to you

Abuse-Free Sport Helpline

1-888-837-7678

abuse-free-sport.ca/helpline



The Abuse-Free Sport Helpline is available to **ALL** Canadians with questions or concerns about safe sport. Individuals do not need to be a participant under Signatory organizations in order to access the Helpline and its services.



CANADIAN CENTRE for CHILD PROTECTION®
Helping families. Protecting children.

Canadian Centre for Child Protection

1-800-532-9135 · protectchildren.ca

If you have concerns about a child, or if you are a victim (survivor) or a family member of a victim, you may contact the Canadian Centre for Child Protection for information or support.

Kids Help Phone

1-800-688-6868

kidshelpphone.ca



Kids Help Phone is Canada's only 24/7 national service offering professional counselling, information, referrals and volunteer-led text-based support for young people. Kids Help Phone's free, anonymous services are available in both English and French.

First Nations and Inuit Hope for Wellness

1-855-242-3310

hopeforwellness.ca

A helpline dedicated to supporting First Nations and Inuit Peoples. Service is available in Cree, Ojibway, Inuktitut, English and French.



Trans Lifeline

1-877-330-6366

translife.org



A helpline dedicated to the well-being of transgender people. The phone line is staffed by transgender people for transgender people.

Canadian Centre on Substance Use and Addiction

1-833-235-4048

ccsa.ca/addictions-treatment-helplines-canada

The Centre was created by the Canadian government to address and provide leadership on substance use in Canada.



Victim Services Canada

1-877-232-2610

crcvc.ca/how-we-help/victim-support



The Canadian government provides a number of services to victims of crime, including emotional support, counselling, advocacy and safety planning.

Canadian Association for Suicide Prevention (CASP)

613-702-4446

suicideprevention.ca

CASP's goal is to reduce the suicide rate in Canada and to minimize the consequences of suicidal behaviour.

