

# Did you know 80% of teens reportedly experience some form of teen dating violence?

As a coach, it's important to be equipped with tools to understand and recognize the signs.



The Support Through Sport series offers training and resources to empower coaches to recognize and take action to address gender-based violence and teen dating violence.

The Support Through Sport series includes different topics on gender-based violence and teen dating violence, starting with understanding the issue and how coaches can promote healthy relationships in and through sport.

## Understanding Teen Dating Violence

### What to expect

The module focuses on creating healthy environments for sport participants between the ages of 11 and 24 years. During the 40-minute module, you will learn to identify elements of healthy relationships, define teen dating violence, and take action when teen dating violence is suspected or known.

### What are the benefits?

You will feel confident in knowing the signs of teen dating violence and gender-based violence. Coaches who are maintaining their trained or certified status through the National Coaching Certification Program will receive 1 Professional Development point upon completing this eLearning module.

### Where do I go to get started?

Visit the Support Through Sport website to start the training at [coach.ca/SupportThroughSport](http://coach.ca/SupportThroughSport). You can also access free resources on gender-based violence and teen dating violence in the Toolbox, including information on how to support sport participants.

[Coach.ca/SupportThroughSport](http://Coach.ca/SupportThroughSport)

“Sometimes our sport participants share information with their coach that they don't want to share with their parents or guardians. It's helpful to have the tools we need as coaches to guide us through these conversations to provide the support they need.”

- MIKE THOMPSON, CHPC

Financial contribution from



Public Health Agency of Canada  
Agence de la santé publique du Canada