

"The most certain way to succeed is always to try just one more time."

By Thomas Edison

Welcome to our latest newsletter!

In this edition, you'll find updates on safe sport programming, Professional Coaching program survey, Professional Coaching services, Canadian Journal for Women in Coaching, Legal corner, new ChPC coaches, upcoming webinars, and Sport Safety resources.

Stay tuned for all this and more!

New Canadian Safe Sport Program takes effect April 1, 2025



As of April 1, 2025, the Canadian Centre for Ethics in Sport (CCES) will independently administer the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS) through the application of the new Canadian Safe Sport Program (CSSP) rules for federally funded, national-level sport organizations. The previous program entitled Abuse Free Sport was administered by OSIC through the Sport Dispute Resolution Centre of Canada.

Federally funded, national-level sport organizations are required to adopt the CSSP as a valid policy document and it must be incorporated into the organization's rules. Version 7 of the UCCMS and the new safe sport rules are available here: <https://cces.ca/safe-sport-program>

New Youth Athlete Safe Sport Training - This new Safe Sport Education Program for Youth aged 13-19 provides a comprehensive approach to fostering a safe and respectful sporting environment. Check it out here: [Safe Sport for Youth](#)

Professional Coaching Program Survey

We want your feedback! The survey is designed with the primary goal of collecting valuable insights from coaches regarding the Professional Coaching Program. Our aim is to gain a deeper understanding of your experiences and satisfaction levels with the Professional Coaching Program, allowing us to continuously enhance our processes based on your invaluable feedback.

[Take the survey now](#)

Professional Coaching Services

Here are some Professional Coaching services you won't want to miss:

Professional Coaching Webinars


If you missed the exclusive 3-part Professional Coaching Webinar Series hosted by Dr. Erin Willson, it is now available to all Professional Coaches, please click [HERE](#).

Part 1: Positive coaching in High-Performance Sport: Can you do both?

Part 2: What a positive sport experience looks like

Part 3: Challenging definitions of success in sport

Rosetta Stone

RosettaStone  Get one of 10 annual licenses to learn French or English, available on a first-come, first-served basis. These licenses are rotated among interested coaches. If interested, please email procoach@coach.ca.

Health and Dental Benefits



ChPCs and Registered Coaches have access to an easy-to-use, affordable, and competitive health and dental benefits program. Depending on your coverage needs, you may opt into one of 2 plans:

- [OPTION 1](#)
- [OPTION 2](#)

The benefits of joining include:

- Added financial security for you and your family
- No medical forms to be completed with participating providers. Simply fill out your enrolment form and a Green Shield pay-direct card will be sent to you
- Insurance is less expensive to obtain through a group plan than in the individual insurance market.

For more information on how you can join the health and dental benefits program, contact Benefits by Design (BBD).

- English Inquiries: 1-888-272-0413, ext. 125

To explore all available services, simply click [HERE](#)

Canadian Journal for Women in Coaching

Conversations with Leading Women Coaches – Part One

The January issue of the Canadian Journal for Women in Coaching is now live! As we start 2025, we're excited to feature four women coaches who made a significant impact at the Paris 2024 Olympic and Paralympic Games. While women remain underrepresented in coaching, their contributions are powerful and inspiring.

In this issue, we highlight the achievements of:

- Jocelyn Barrieau – Olympic Coach
- Carolyn Murray – Paralympic Coach
- Nicole Ban – Paralympic Coach
- Kim Gaucher – Olympic Coach

These women share their experiences, challenges, and lessons on leadership, coaching, and breaking barriers. Their insights are essential for anyone passionate about advancing women in coaching.

Let's continue amplifying the voices of women coaches, as we continue to work towards equity in sport. Stay tuned for Part Two in April, where we'll feature four more inspiring coaches.

[Read the Full January Issue Here](#)

Legal Corner

LEGAL CORNER

If you need legal advice pertaining to your coaching activities, including contract review or other disputes, the CAC will connect you with a lawyer and pay for your initial 1-hour consultation. Email procoach@coach.ca.

True Law
Legal Services

LEGAL CORNER: The UCCMS and YOU!

by Ryan Scott, True Law - www.truelawlegal.ca

It is the responsibility of the Office of the Sport Integrity Commissioner ("OSIC") is to administer the Universal Code of Conduct to Prevent and Address Maltreatment in Sport ("UCCMS"). The UCCMS is the main framework establishing guidelines that sports organizations follow to promote a respectful sports environment, ensuring high-quality, inclusive and safe experiences for all participants.

The OSIC has authority relating to matters regarding allegations of maltreatment and discrimination and primarily oversees a complaint intake process, conducts preliminary assessments and may commission independent investigations, maintains a database of imposed sanctions, and monitors compliance by sporting organizations. There are [numerous](#) sport organizations, multi-sport organizations and other sport organizations that have adopted the UCCMS and are thus considered 'Program Signatories'.

If your organization is a Program Signatory that has adopted the UCCMS, the OSIC will have jurisdiction to oversee the implementation of the UCCMS within your program. Bear in mind that some signatories may have only adopted the UCCMS at the national, provincial/territorial, or other levels, and its important for you to know where yours may be subject to its authority. The signatory status of an organization is important to determine if the OSIC has authority to administer complaints brought pursuant to the UCCMS.

If your program has adopted the UCCMS, it is essential to understand its contents. Anyone can submit a complaint or report, provided the complaint is directed at a respondent who falls under the authority of an OSIC Program Signatory.

Over the last several years, the number of new complaints received by the OSIC has increased. Complaints procedures can be complicated and time-consuming and although a complainant or respondent can be self-represented, legal services are advisable. If violations to the UCCMS are found, the consequences can be significant and include sport participation restrictions, various prohibitions on coaching, monitoring, education, and other measures considered appropriate to the circumstances of each case.

The complete UCCMS is available on the [OSIC website](#). It is advisable to take the time to review and be informed of its contents.

True Law (www.truelawlegal.ca) is a law firm in Toronto, Ontario. This article contains general information only, based on the laws of Ontario and is not intended to provide a legal opinion or advice. Readers should consult a lawyer with respect to the application of the information contained above to their particular circumstances. Readers may also contact True Law at info@truelaw.legal with any questions.

Congratulations to the newest ChPCs™

The CAC would like to congratulate the following coaches for recently attaining their ChPC designation!

Jason Leslie – British Columbia (Baseball)
Franck Moussima – Quebec (Judo)
John Michael On - New Brunswick (Triathlon)
Rostam Turner – Ontario (Athletics)
Robyn Webster – Alberta (Athletics)
Jamie Sinclair - British Columbia (Athletics)
Spencer House – Saskatchewan (Athletics)

Upcoming Webinars

Responsible Coaching Movement Champions Webinar: Screening processes and Vicarious Liability: learn what is recommended and why !



March 5th, 2025

15:30-17:00 pm EST

[Register here](#)

Speaker: Courtney March

(she/her/hers) is an associate in Gowling WLG's Ottawa office, practising in the Advocacy Department. She is a member of the firm's Employment, Labour & Equalities Group.



This interactive webinar will provide an overview of balancing the risks on screening processes and as well as limiting vicarious liability

Sport Safety Resources

Support Services

Here are the support services available to you

Abuse-Free Sport Helpline

1-888-837-7678
abuse-free-sport.ca/helpline



The Abuse-Free Sport Helpline is available to ALL Canadians with questions or concerns about safe sport. Individuals do not need to be a participant under Signatory organizations in order to access the Helpline and its services.



CANADIAN CENTRE for CHILD PROTECTION[®]
Helping families. Protecting children.

Canadian Centre for Child Protection
1-800-532-9135 • protectchildren.ca

If you have concerns about a child, or if you are a victim (survivor) or a family member of a victim, you may contact the Canadian Centre for Child Protection for information or support.

Kids Help Phone

1-800-688-6868
kidshelpphone.ca



Kids Help Phone is Canada's only 24/7 national service offering professional counselling, information, referrals and volunteer-led text-based support for young people. Kids Help Phone's free, anonymous services are available in both English and French.

First Nations and Inuit Hope for Wellness

1-855-242-3310
hopeforwellness.ca



A helpline dedicated to supporting First Nations and Inuit Peoples. Service is available in Cree, Ojibway, Inuktitut, English and French.

Trans Lifeline

1-877-330-6366
translife.org



A helpline dedicated to the well-being of transgender people. The phone line is staffed by transgender people for transgender people.

Canadian Centre on Substance Use and Addiction

1-833-235-4048
ccsa.ca/addictions-treatment-helplines-canada



The Centre was created by the Canadian government to address and provide leadership on substance use in Canada.

Victim Services Canada

1-877-232-2610
crcvc.ca/how-we-help/victim-support



The Canadian government provides a number of services to victims of crime, including emotional support, counselling, advocacy and safety planning.

Canadian Association for Suicide Prevention (CASP)

613-702-4446
suicideprevention.ca



CASP's goal is to reduce the suicide rate in Canada and to minimize the consequences of suicidal behaviour.



If you have any questions, please contact us at procoach@coach.ca