

“Excellence is the gradual result of always striving to do better.”

by Pat Riley

Welcome to our latest newsletter!

In this edition, you'll find updates on the Professional Coaching Survey, Upcoming Webinars, A message to Milano 2026 coaches, Professional Coaching Services, Legal Corner, Canadian Journal for Women in Coaching, New ChPC® Coaches, and Sport Safety resources.

Stay tuned for all this and more!

Professional Coaching Survey

Last chance! Survey closes March 31, 2026.

We value your feedback! Complete the Professional Coaching Survey and be entered into a draw to win a \$100 gift card.

This survey is designed to gather valuable insights from Registered and ChPC® coaches about their experiences with the Professional Coaching Program. Your feedback helps us better understand your satisfaction levels and identify opportunities to enhance the program.

In our last survey, 90% of respondents expressed satisfaction with the Professional Coaching Program. One key takeaway was the need for increased visibility, and we've taken action by expanding promotion across our social media platforms.

Your input makes a real difference in helping us improve. Please take a few minutes to complete the survey by clicking the link below.

[**Professional Coaching Survey**](#)

Upcoming Webinars

Liability Insurance for Coaches – CIBI

Presented by Sean Bell from Canadian Insurance Brokers Inc. (CIBI)

Date: February 5, 2026 from 3-4:30PM ET

As a Professional Coach, you have access to a variety of services and benefits—one of which is liability insurance through Canadian Insurance Brokers Inc. (CIBI). Join us on February 5 to learn more about coach insurance, including what insurance is, why coaches need coverage, Waivers of Insurance, and an overview of the National Insurance Program for Coaches across Canada. The session will also highlight key coverage features, optional coverages such as Legal Expense Insurance (LEI), and conclude with a live Q&A. Please note that the 2026 insurance policy period runs from March 3, 2026 to March 3, 2027, and that all Registered and ChPC  coaches receive \$50 off the insurance policy.

[Register Now](#)

AI as a Learning Tool in Disability Sport Coaching

Presented by Azhar Yusof, Sport Singapore and co-hosted by Wayne Parro (ChPC )

Date: February 19, 2026 from 7-8:30PM ET

This webinar will explore the challenges coaches face when transitioning from able-bodied to disability sport, including uncertainty and gaps in disability-specific knowledge. Through a case study of a rugby union coach moving into wheelchair rugby, the session will examine how AI tools can support learning, build confidence, and reduce psychological barriers. The webinar will also highlight the importance of AI literacy, coaching pedagogy, and sport science in using AI effectively to support inclusive coaching practices.

[Register Now](#)

2026 Milano Cortina Games

Did you know that all coaches selected for the 2026 Milano Cortina Olympic and Paralympic Games must be Registered or ChPC® coaches in good standing, as a requirement for representing Canada as part of the coaching team, by the Canadian Olympic Committee and Canadian Paralympic Committee? This means every coach has completed extensive screening, including providing two references, a police information check, sport safety training, signing a declaration of ethical conduct and good character, and a license agreement, along with required NCCP training. This process helps ensure the highest standards of professionalism, safety, and integrity for our athletes on the world stage.

Good luck to all coaches heading to the Milano 2026 Games!

Professional Coaching Services

Here are some Professional Coaching services you won't want to miss:

Health and Dental Benefits



ChPCs® and Registered Coaches have access to an easy-to-use, affordable, and competitive health and dental benefits program. Depending on your coverage needs, you may opt in to one of 2 plans.

Option 1 provides higher coverage, with 80% reimbursement for both health and dental services and higher paramedical maximums, making it ideal for those who use benefits more frequently.

Option 2 offers more basic coverage at 60% for health and dental, with lower monthly premiums, and may be a good fit for those seeking essential coverage at a lower cost.

For more information on how you can join the health and dental benefits program, contact Benefits by Design (BBD).

For inquiries: 1-888-272-0413, ext. 125

Canadian Insurance Brokers Inc. (CIBI)



Liability insurance is necessary to protect yourself when you work outside your regular coaching environment. The CAC provides this insurance package to ChPCs and Registered Coaches at a discount. The insurance covers paid coaches, unpaid coaches, independent coaches, team leaders, mentors, instructors, and coach developers who may not be insured when working or volunteering with teams, groups, or sanctioned organizations. It also provides additional protection in the event your team or sanctioning body does not have adequate insurance.

Canadian Insurance Brokers Inc. (CIBI) in conjunction with the CAC has formed [an exclusive Insurance Program for Coaches across Canada.](#)

- Premiums above are for \$2M CGL and accident.
- Additional flat premium of \$200 to increase limit to \$5M.
- [Legal Expense Insurance](#) is an additional \$190 per coach, 24/7 Legal Helpline access.

Please note that the 2026 insurance policy period runs from March 3, 2026 to March 3, 2027, and that all Registered and ChPC® coaches receive \$50 off the insurance policy.

Visit the dedicated resource page for Professional Coaches to explore all available services.

[Resource Page](#)

Legal Corner

True Law
Legal Services

If you need legal advice pertaining to your coaching activities, including contract review or other disputes, the CAC will connect you with a lawyer and pay for your initial 1-hour consultation. Email procoach@coach.ca.

Sport Integrity Canada: Recent Changes and Points of Interest

As of January 1, 2026, the Canadian Centre for Ethics in Sport (CCES) has officially changed its name to Sport Integrity Canada. This change is in name only—there is no change to its role, authority, or jurisdiction. Sport Integrity Canada continues to oversee the Canadian Safe Sport Program (CSSP) and enforce the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS).

Did You Know?

- Jurisdiction limits may apply: In certain situations, Sport Integrity Canada may not assume jurisdiction—for example, if an issue has already been fully addressed by a court or tribunal and cannot be re-litigated through the UCCMS process.
- No limitation period to report: There is no deadline for making a report. Sport Integrity Canada recognizes that individuals may need time before coming forward. However, reporting sooner can help ensure key information and evidence remain available.
- Who can report: Any individual may submit a report involving participants in national level, federally funded sport organizations, including athletes, coaches, officials, staff, volunteers, board members, and medical or paramedical personnel.



- Anonymous and youth reporting: Reports can be submitted anonymously. Minors may also submit reports, with the option to involve a parent, guardian, or trusted adult. In some circumstances, Sport Integrity Canada may be required to notify guardians or appropriate authorities to ensure safety.

[To read the full article](#)

Canadian Journal for Women in Coaching



Olympian, academic, and author Jill Moffatt notes that over many years much has been written about the challenges facing women who aspire to pursue a career as a coach. Adding an important new dimension to the discussion, Jill examines the particular situation of coaching mothers. Building on the Journal’s body of literature, she paints a disturbing picture of coaching mothers continuing to be constrained by “powerful assumptions” about ‘good motherhood.’ Her solution: ... “small, actionable steps that can move culture forward without waiting for budgets, policies, or systems to be rebuilt.”

[Read More](#)

Congratulations to the newest ChPCs™

The CAC would like to congratulate the following coaches for recently attaining their ChPC® designation!

Michael Hopfes – ON (Figure Skating)

Muncef Ouardi – QC (Speed Skating)

Julia Mehre Ystgaard – AB (Cross Country Skiing)

Michael Ko – ON (Taekwondo)

Sean A Wong - ON (Karate)

Katie Twible – ON (Alpine Ski)

Stephanie Boisvert – QC (Basketball)

Tristan Markov – ON (Athletics)

William Dutton – AB (Speed Skating)

Sabrina Bureau – QC (Cycling)

Stephane Yvars – QC (Figure Skating)

Addie Miles-Abbott – NS (Hockey)

Stephanie Valois – QC (Figure Skating)

Braden Persian – BC (Baseball)

Scott Moir – ON (Figure Skating)

Harpreet Sandhu – BC (Athletics)

Brian Mckeever – AB (Cross Country Skiing)

Paul Galas – ON (Athletics)

Zoe Webster – ON (Athletics)

Travis Cummings – AB (Athletics)

Jayden Wiebe – SK (Athletics)

Travis Jones – BC (Curling)

Timothy Suzuki – ON (Karate)

Michael Janyk - BC (Alpine Ski)

Mental Health and Resource Hub



The Mental Health and Sport Resource Hub provides the tools and information to overcome stigma and guide conversations about mental health. This free online portal offers training and resources for coaches to develop mental health literacy and positive coaching practices to improve performance and well-being in sport.

[Mental Health Portal](#)

Sport Safety Resources

Support Services

Here are the support services available to you

 **CANADIAN CENTRE for CHILD PROTECTION**
Helping families. Protecting children.

Canadian Centre for Child Protection
1-800-532-9135 • protectchildren.ca

If you have concerns about a child, or if you are a victim (survivor) or a family member of a victim, you may contact the Canadian Centre for Child Protection for information or support.

Kids Help Phone
1-800-688-6868
kidshelpphone.ca




Kids Help Phone is Canada's only 24/7 national service offering professional counselling, information, referrals and volunteer-led text-based support for young people. Kids Help Phone's free, anonymous services are available in both English and French.

First Nations and Inuit Hope for Wellness
1-855-242-3310
hopeforwellness.ca



A helpline dedicated to supporting First Nations and Inuit Peoples. Service is available in Cree, Ojibway, Inuktitut, English and French.

Trans Lifeline
1-877-330-6366
translife.org



A helpline dedicated to the well-being of transgender people. The phone line is staffed by transgender people for transgender people.

Canadian Centre on Substance Use and Addiction
1-833-235-4048
ccsa.ca/addictions-treatment-helplines-canada




The Centre was created by the Canadian government to address and provide leadership on substance use in Canada.

Victim Services Canada
1-877-232-2610
csrcv.ca/how-we-help/victim-support



The Canadian government provides a number of services to victims of crime, including emotional support, counselling, advocacy and safety planning.

Canadian Association for Suicide Prevention (CASP)
613-702-4446
suicideprevention.ca



CASP's goal is to reduce the suicide rate in Canada and to minimize the consequences of suicidal behaviour.

EPA
Entraîneur
professionnel
agr e



ChPC
Chartered
Professional
Coach

Registered
Coach



Entra neur
agr e



Coaching Association of Canada
Association canadienne des entra neurs

The Canadian Centre for Ethics in Sport (CCES) has changed its name to Sport Integrity Canada; while the name has changed, the services remain the same. Reports can be filed by UCCMS participants and federally funded National and Multi-Sport Organizations (NSOs and MSOs) that are part of the Canadian Safe Sport Program.